



COVID Handbook

2022-2023

Table of Contents

General Safety Rules & Procedures 3

- Masks..... 3
- Daily Health Screening (at Home)..... 3
- Drop Off Procedures 4
- Ventilation 4

WSYC’s FAQs? 4

- What are my next steps if my child has any COVID-19 symptoms listed previously? 4
- Classroom Exposure 5
- Returning to WSYC after Symptoms or Confirmed Case of COVID-19..... 5
- What if I don’t feel comfortable sending my child to school?..... 6
- How does COVID-19 change the existing health and wellness policy? 6
- What happens when the number of cases starts to rise again? 6

WSYC Preparation Guidelines from Respected Sources 7

General Safety Rules & Procedures

Masks

All adults and all children two (2) years or older have the **option** to wear a face covering when indoors and outdoors according to their preference. We will support the masking decision of any and every student, family member, or teacher. Individual families will need to let the Director AND the classroom teacher know if you would like us to keep your child's mask on indoors and/or outdoors.

Daily Health Screening (at Home)

We require all families to keep your child at home if you, your child, or any household member can answer **YES** to any of the following questions:

1. Been diagnosed with COVID-19 or awaiting a COVID-19 test?
2. Had any of the following symptoms since they were last at school?
 - o Fever (temperature of 100.4 degrees Fahrenheit or higher)
 - o Chills
 - o Fatigue
 - o Muscle or body aches
 - o Headache
 - o Shortness of breath or difficulty breathing
 - o New cough
 - o New loss of taste or smell
 - o Sore throat
 - o Congestion or runny nose
 - o Nausea or vomiting
 - o Diarrhea
3. Unable to participate comfortably in classroom activities (including going outside)?
4. Have any symptoms that result in a need for care that is greater than the faculty members can provide without compromising the health and safety of other children?

Drop Off Procedures

We will allow each family member to accompany his/her own child(ren) to the classroom door every morning at drop-off. The family member must...

- Enter from the front door (next to the office) and exit from the back door (by the playground).
- Have the option of wearing a mask. We ask that you think about being a good role model to wear a mask yourselves if you prefer your child to continue to mask.
- Answer “NO” to all of the Daily Health Screening (at Home) questions.
- Do not enter the classroom; instead entrust your child to their teacher at the classroom door.

Ventilation

The WPC HVAC systems in all buildings are fitted with MERV 13 level filters, which the EPA has determined to be suitable for filtering out the COVID virus, with the caution that good COVID behaviors (including but not limited to proper handwashing procedures, etc.) remain in use.

WSYC's FAQs?

What are my next steps if my child has any COVID-19 symptoms listed previously?

You have a couple different options:

1. Stay home for 5 days since first symptoms and wear a mask for the remaining 5 day, no fever for 48 hours (without the use of fever reducing medicine), AND COVID-19 symptoms improving.
2. Receive a negative PCR/molecular test, no fever for 48 hours (without the use of fever reducing medicine), AND they have felt well for 24 hours.

3. Visit a health care provider to receive an alternate diagnosis, no fever for 48 hours (without the use of fever reducing medicine), AND they have felt well for 24 hours.

Classroom Exposure

If someone in the classroom has a confirmed COVID-19 positive case, WSYC will notify the families of the exposure. We will suggest the following:

1. Your student can continue coming to school as long as they do not develop any symptoms.
2. Schedule a PCR test on or after Day 5.
3. Consider wearing a mask for 10 days.

Returning to WSYC after Symptoms or Confirmed Case of COVID-19

With respect to suspected or confirmed COVID-19 cases, WSYC will adhere to the following guidelines highlighted below:

- Scenario One: Student has symptoms of COVID 19 but has received a negative PCR/molecular test result. Home until no symptoms for 48 hours (without the use of medicine), AND they have felt well for 24 hours.
- Scenario Two: Student has tested positive on a COVID PCR/molecular test. Student can return to school when it has been 5 days since their positive test AND has been at least 48 hours since the student had a fever (without using fever reducing medicine) AND other symptoms of COVID-19 are improving. The student will need to wear a mask for the remainder of the 10 days.
- Scenario Three: A household member has tested positive on a COVID PCR/molecular test and the student has tested negative. The student can come to school wearing a mask with no symptoms and re-test on

Day 5. If positive, see Scenario Two. If negative, the student continues to wear a mask for the remainder of the 10 days.

What if I don't feel comfortable sending my child to school?

We understand that the safety and well being of your child(ren) is your top priority. If you do not feel comfortable sending your child to school because of COVID-19, we ask that you let the office know as soon as possible.

How does COVID-19 change the existing health and wellness policy?

A child's educational success is based on the strength of the parent/teacher partnership. This strong partnership is also necessary for ensuring the health and wellness of our entire student and teacher population. We are not physicians and will not be able to determine if your child's runny nose and congestion is allergy related or a COVID-19 symptom. Therefore, we must strictly follow the guidelines shared above.

The health policy outlined in the Parent Handbook regarding other common childhood illnesses (hand, foot and mouth, lice, etc.) still applies. As always, your child cannot come to school under any circumstances if they are only fever free due to fever-reducing medication.

What happens when the number of cases starts to rise again?

Our guidelines may need to be revised again as they have tended to do so in the past. Scenarios like a shift toward required masking may need to take place could include a spike in positive cases in the community, several connected cases in the preschool, or further recommendations to follow local guidelines.

WSYC Preparation Guidelines from Respected Sources

In developing WSYC's COVID Handbook, we have consulted the following individuals and sources for guidance, to ensure we are developing guidelines that align with experts. The guidelines are continually evolving as the experts learn more about COVID-19, how is transmitted, and how we can best protect ourselves, our students, and their families from the virus.

[Centers for Disease Control](#)

[North Carolina Department of Health and Human Services](#)

[Durham County Department of Public Health](#)

[ChildCareStrongNC Public Health Toolkit](#)

[American Academy of Pediatrics](#)

DOPA (Durham & Orange County Preschool Association)

Westminster Presbyterian Church

Andrea Dunk, MD

Thank you for your extreme care with regard to our collective health!